A conceptual study of spiritual intelligence with respect to adolescent students

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Abstract- The adolescence period is the best time of develop emotions and training skill, because adolescents are seeking to find their identity and their future personality at this period. Spiritual intelligence had a significant influence on the quality of life and exposed to difficulties in adolescents. Spiritual intelligence help the adolescence to explore deeper questions of their life, thought and awareness of reality, reduce their stress and lead a meaningful role in life. The present study was found out the level of spiritual intelligence in the adolescence. The demand of study is the time to develop spiritual intelligence among students as they are lacking moral values and aims for preventing violence in educational institutions. It develops spiritual intelligence on the basis of gender and type of school base.

Keywords: Spiritual Intelligence, Adolescent Students

I. INTRODUCTION

Adolescence is the period in which foundation for future education, major life roles, relationship and working toward long term productive goals are established. Adolescence as a formative stage to develop psychopathology because after this maturation interval, it is difficult to change some behaviour and emotional patterns. Spiritual intelligence help to understand psychopathology of adolescence. Spiritual Intelligence consists of two words-Spiritual and Intelligence. Spiritual: The word spiritual comes from Latin word spiritus, which mean “that gives life.” (Zohar, 1997). To be ‘spiritual’ is to think, act and interact from an awareness of self as spirit not form, soul not body. Most of us are taught to believe we are our physical forms, and so we identify with our body or the labels we give to our bodies such as nationality, race, gender, profession etc. This wrong sense of self is what creates all fear, anger and sadness in life. Collins Dictionary (2009). Defines spirit is part of you that is not physically. It is concern with your character, behaviour, feeling and supernatural being. Intelligence: Intelligence is to use what you know in the right way at the right time in the right place with the right intention. As, if you ‘know’ yourself as a spiritual being you will also ‘know’ that you do not own or possess anything. When sometime your life is lost, it does not affect you in any way – you are able to use your spiritual power to find and move on. If someone praises the dress you wear, or insults you in any way or comments on your looks, you are not affected because you ‘know’ that your real beauty lies within your character, within your nature, which no one can ever take away. In that moment you draw on the inner power of that knowledge and use it to remain stable in the face of others negativity. Collins Cobuild Dictionary (2009). Defines “ Intelligence is the ability to think, reason and understand instead of doing think automatically. Spiritual Intelligence: Spiritual intelligence is concerned with the inner life of mind and spirit and its relationship to being in the world. Spiritual intelligence implies a capacity for a deep understanding of existential questions and insight into multiple levels of consciousness. Spiritual intelligence also implies awareness of spirit as the ground of being or as the creative life force of evolution. Zohar and Marshall (2000), define Spiritual Intelligence is an intelligence which encounters question of meanings or ‘values’, whereby the intelligence places our characters and life in a broader and richer context of meanings as well as the intelligence to evaluate a person’s action or way of life which is more meaningful compared to others. Stephen Covey (2004) define Spiritual intelligence is the central and most fundamental of all the intelligences, because it becomes the sources of guidance for the others. Wigglesworth (2002) defines Spiritual intelligence is the ability of individual to behave with wisdom and compassion while maintaining inner and outer peace, regardless of the situation. Wolman (2001), identify the seven factor that make up human spiritual experience and behaviour: divinity, mindfulness, intellectuality, community, extrasensory perception, childhood spirituality and trauma. King (2008), proposed four core components to comprise spiritual intelligence: critical existential thinking, personal meaning production, transcendental awareness and conscious state expansion. Dincer (2007), defines spiritual intelligence prepares a person to develop self-esteem, wholeness, perfection, goal and ambitions. Dincer believes teachers having higher spiritual intelligence are able to help students from various age groups to experience self-respect and creativity in their life. In the adolescent spiritual intelligence may assist one in dealing with issues of a moral, to say that spiritual intelligence gives us our moral sense. Spiritual intelligence in adolescent makes self confidence, self awareness, celebration of diversity and choosing field independence. Spiritual intelligence help in the standing back from a
problems and seeing the problem in wider context. Its gives the problem solving attitude and understanding others feelings.

II. IMPORTANCE OF SPIRITUAL INTELLIGENCE IN ADOLESCENCE LIFE

In general, adolescence can be define as a period of high risk. Students face complicated decision-making situations. Spiritual intelligence make confidence in adolescence to aware of developing the abilities to make proper choice in such situation through value education. By giving the proper knowledge about spiritual intelligence then adolescent will be able to understand self, others and outer world. Now a days it is demand of the time to develop spiritual intelligence among students as they are lacking moral values and aims for preventing violence in educational institutions. This study may help the students to understand and solve the problem more efficiently. Adolescence future of our nation and they may flower into excellent of our nation. The importance of spiritual intelligence in adolescents is:-

1. It is try to make good relations with family, neighbours, friends, teacher and other member of society.
2. Spiritual intelligence make to adolescents self-awareness about their life.
3. It is abilities to utilize spiritual resources to solve problems.
4. It is help to control emotions.
5. It is abilities to experience heightened states of consciousness.
6. It is abilities to sanctify everyday experiences.
7. Spiritual intelligence help the adolescence to explore deeper questions of their life, thought and awareness of reality, reduce their stress and lead a meaningful role in life.

Hence, adolescence is an important period for spiritual intelligence, it is help adolescents to seeking the goals, meaning of life, to move in the direction of the aim which are personally meaningful, problem solving attitude and understanding others feelings.

III. REFERENCES